

ODAG

Stop Start Continue

Dementia Strategy Advisory Group

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Introduction

ODAG is using the well-know stop start continue technique to help provide feedback to the project manager on the Roundtable phase of the project. Note, comments should be simple and action-oriented.

STOP

- Using the current videoconferencing software. Too many problems and just is a distraction
- Using the current process to engage with PWD and get them to the table.
- Thinking it is acceptable to have roundtable with no representation from PWD.
- Teleconference equipment problems. Bad

START

- using a reliable, easy to use software for all meetings (it is easier for PWD to respond when they can see who they are communicating with)
- Develop a new process to engage with PWD to get them at the table
- Scheduling at least 3 week in advance any time of meetings with the public.
- Consistently sending out material to be used at roundtable, or other meetings, 5 business days before hand. This gives people time to ponder the questions.
- Thinking outside the box when engaging with people with PWD. i.e. Is having a roundtable with so many people with different backgrounds and PWD the most effective?
- Having direct scheduled conversations with ODAG. It is its own entity and must not be overshadowed by other organizations
- engaging with PWD who live remotely
- making a PWD composition and structure engagement accordingly. ie. PWD in longterm care – how are they engaged? PWD living alone remotely – how are they engaged? PWD living north of Sudbury – how are they engaged? Etc.

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- Broaden communication about the project. Don't limit it to just the ASO and its societies. If I am a person in the public, how do I know about this project and/or potential ways in which I can contribute?
- Letter of introduction with a few questions to help person get ready
- For meeting. Create an understanding of process and information required. Will improve meeting outcomes

CONTINUE

- working directly with ODAG for feedback
- being open to suggestions on how to improve
- Venues ok well set up team very helpful
- Speaking platform well organized but content scrambled due to way of input

RECOMMENDATIONS

The technique of Start Stop Continue is a great way to work with PWD in obtaining feedback for any the project. It should be utilized very soon after whatever is being evaluated.

1. Contact each PWD or cognitive impairment and obtain feedback on the Roundtable in which they were involved. This should be 1-on-1 discussions, without the care partner, to allow the individual to speak freely and from their own perspective.
2. If the person being interviewed is overwhelmed by the task, break it down to one item at a time. For instance, focus on Stop. Ask the individual for one suggestion that may help in improving their own experience.
3. Partner with ODAG when obtaining this feedback from the participants. For each call or video conference, include one member from ODAG. A member from ODAG may make the individual feel more at ease and therefore more likely to provide helpful information. It will also aid in ODAG developing relations with PWD at the local level. This relationship can assist further work with PWD or people with cognitive impairment.
4. Dementia is a catch all phrase. It is critical for the Project Team to define the different types and ensure there is representation from each type of the disease. Consider the different needs from someone with a diagnosis of Frontotemporal dementia to another person who has Lewy Body dementia. The needs are significantly different. If representation is not at the table, then the Project Team may not become aware of the differences.
5. There are many different scenarios for a PWD which should be considered. Some examples include:

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- PWD living alone.
- PWD living in a remote area of Ontario.
- PWD living in poverty. In many cases in younger onset, the PWD has lost their employment and their finances have become depleted
- PWD has had their driver's license revoked. Transportation has become an issue.
- PWD living in long-term care, and
- PWD living at home with a care partner who quite their employment in order to take care of the individual.

Moving forward, the Project Team should consider the many different scenarios and the variety of needs in order for a PWD to provide input into a Provincial Strategy Plan. In the world of Research a percentage of the population is targeted to accurately reflect the outcome. This should also be expected from the Project Team. ODAG would welcome the opportunity to work with the Project Team to further develop this idea.

CONCLUSION

This is a perfect time in the Project time line to ask for feedback from PWD and cognitively impaired. ODAG is here to help support the Project Team to accomplish this.